

Webster City – Lynx Cross Country Invite

Varsity Boys – 11th Place (268)

32 Walstrom, Jack	18:55
37 Reuter, Jordan	19:05
49 Alne, Connor	19:50
71 Johnson, Matt	21:49
79 Dangelser, Alex	22:23
84 Aden, Westley	22:54
88 McColley, Thomas	24:09

JV Boys

40 Fiala, Lucas	21:41
76 Peed, Brendon	24:08
80 Desgagnes , Zach	24:28

The varsity boys turned in a very solid performance, and I thought we ran a lot better than last week at our home meet. Webster City's Invite has a tough field with numerous 3A and 4A schools competing. We ended up placing right in the middle of all the small schools. Individually, Jack Walstrom, Jordan Reuter, and Connor Alne all improved their times since last week on a much tougher course than in Manson. Everyone else ran about as expected. In the JV race, Lucas Fiala had our fourth-fastest overall time, so he will be elevated to varsity at our next meet in Holstein. Zach Desgagnes also impressed me with a two minute improvement from last week.

Varsity Girls – 13th Place (373)

66 Licht, Nichole	20:15
73 Schreier, Jordan	20:51
77 Ukena, Jordan	22:06
82 Thornton, Angel	23:02
83 Pugh, Rachel	23:10
85 Keller, Jocelyn	23:22
90 Rinard, Ali	28:48

The girls' times were a bit slower than our first meet, which was expected due to the much hillier terrain in Webster City compared to our home course. Nichole Licht and Jocelyn Keller ran about a minute and a half faster than last year's Lynx Invite, which is very encouraging. My main focus this year is for continued improvement throughout the cross country season for all the girls.